

Diseworth C of E Primary School PHSE Curriculum plan (2 Year cycle)

Cycle 1

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	Myself and My Relationships <ul style="list-style-type: none"> <li>Beginning and belonging.</li> </ul>	Myself and My Relationships <ul style="list-style-type: none"> <li>Family and friends (Include Antbullying)</li> <li>My emotions</li> </ul>	Citizenship <ul style="list-style-type: none"> <li>Identities and diversities</li> <li>Me and My World</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>My body and growing up</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Keeping safe (Including drug education)</li> </ul>	Healthy and safer lifestyles <ul style="list-style-type: none"> <li>Healthy lifestyles</li> </ul>
<b>KS1</b>	Myself and My Relationships <ul style="list-style-type: none"> <li>Beginning and belonging.</li> </ul>	Myself and My Relationships <ul style="list-style-type: none"> <li>Family and friends</li> <li>Antibullying</li> </ul>	Citizenship <ul style="list-style-type: none"> <li>Diversities and Communities</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Relationships Education</li> <li>Drug Education</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Personal Safety</li> </ul>	Myself and my relationships <ul style="list-style-type: none"> <li>Managing change</li> </ul>
<b>LKS2</b>	Myself and My Relationships <ul style="list-style-type: none"> <li>Beginning and belonging.</li> </ul>	Myself and My Relationships <ul style="list-style-type: none"> <li>Family and friends</li> <li>Antibullying</li> </ul>	Citizenship <ul style="list-style-type: none"> <li>Diversities and Communities</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Relationships Education</li> <li>Drug Education</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Personal Safety</li> </ul>	Myself and my relationships <ul style="list-style-type: none"> <li>Managing change</li> </ul>
<b>UKS2</b>	Myself and My Relationships <ul style="list-style-type: none"> <li>Beginning and belonging.</li> </ul>	Myself and My Relationships <ul style="list-style-type: none"> <li>Family and friends</li> <li>Antibullying</li> </ul>	Citizenship <ul style="list-style-type: none"> <li>Diversities and Communities</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Relationships Education</li> <li>Drug Education</li> </ul>	Healthy and Safer Lifestyles <ul style="list-style-type: none"> <li>Personal Safety</li> </ul>	Myself and my relationships <ul style="list-style-type: none"> <li>Managing change</li> </ul>

Cycle 2

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<p>Myself and My Relationships</p> <ul style="list-style-type: none"> <li>Beginning and belonging.</li> </ul>	<p>Myself and My Relationships</p> <ul style="list-style-type: none"> <li>Family and friends (Include Antbullying)</li> <li>My emotions</li> </ul>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Identities and Diversities</li> <li>Me and My World</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>My Body and Growing Up</li> </ul>	<p>Healthy and Safer lifestyles</p> <ul style="list-style-type: none"> <li>Keeping Safe (Including Drug Education)</li> </ul>	<p>Healthy and Safer lifestyles</p> <ul style="list-style-type: none"> <li>Healthy Lifestyles</li> </ul>
<b>KS1</b>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Rights, Rules and Responsibilities</li> </ul>	<p>Myself and my relationships</p> <ul style="list-style-type: none"> <li>My Emotions</li> <li>Antibullying</li> </ul>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Working Together</li> </ul> <p>Economic wellbeing</p> <ul style="list-style-type: none"> <li>Financial capacity</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Relationships Education</li> <li>Drugs Education</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Managing Safety and Risk</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Healthy Lifestyles</li> </ul>
<b>LKS2</b>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Rights, Rules and Responsibilities</li> </ul>	<p>Myself and my relationships</p> <ul style="list-style-type: none"> <li>My Emotions</li> <li>Antibullying</li> </ul>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Working Together</li> </ul> <p>Economic wellbeing</p> <ul style="list-style-type: none"> <li>Financial Capacity</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Relationships Education</li> <li>Drugs Education</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Managing Safety and Risk</li> <li>Safety Contexts</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Healthy Lifestyles</li> <li>Personal safety</li> </ul>
<b>UKS2</b>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Rights, Rules and Responsibilities</li> </ul>	<p>Myself and my relationships</p> <ul style="list-style-type: none"> <li>My Emotions</li> <li>Antibullying</li> </ul>	<p>Citizenship</p> <ul style="list-style-type: none"> <li>Working Together</li> </ul> <p>Economic wellbeing</p> <ul style="list-style-type: none"> <li>Financial Capacity</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Relationships Education</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Managing Safety and Risk</li> <li>Safety Contexts</li> </ul>	<p>Healthy and Safer Lifestyles</p> <ul style="list-style-type: none"> <li>Healthy Lifestyles</li> <li>Personal safety</li> </ul>